CHARLOTTE'S BIG BRUNCH Bacon, poached egg, beans, mushroom,		EGGS BENEDICT
sausage pattie and tomato with two slices of toast.	£11.50	Two poached eggs on a toasted muffin with bacon, Hollandaise sauce and watercress.
BRUNCH -served until 2.30pm All served on white, seeded or gluten free buttered toast.		EGGS BENEDICT ROYALE
A choice of one of the following Baked beans. Scrambled eggs. Cheese and tomato.		Two poached eggs on a toasted muffin with smoked salmon, Hollandaise sauce and watercress.
Two poached eggs.	£8.00	EGGS FLORENTINE
Mushroom and bacon.		
Scrambled egg and bacon. Poached egg, beans, bacon and tomato.		Two poached eggs on a bed of spinach and a toasted muffin, Hollandaise sauce and watercress.
Avocado and poached eggs.	£9.50	
Scrambled egg, smoked salmon and watercress.	£11.50	OMELETTES
BREAKFAST		Made with 3 free range eggs, served with salad garnish and home-made coleslaw.
Charlotte's Breakfast Muffin - A toasted muffin with bacon and a choice of either egg, tomato or mushroom. Add extras Bacon sandwich - white, seeded or gluten free bread with a sauce of your choice on the side.	£6.00 £1.20 £6.50	Cheddar cheese and ham. Cheddar cheese and red onion. Mushroom. Ham and mushroom. Bacon and tomato. Vegetable (Spanish).

£11.00

£11.00

£12.50

£11.00



## TOASTED SANDWICHES

White crab sandwich.

1	UASTED SANDWICHES	
	Served with seeded, white or gluten free bread, salad garnish a Cheddar cheese and onion. Cheddar cheese and pineapple. Cheddar cheese and tomato. Cheddar cheese and pickle. Cheddar cheese and caramelised onion.	nd coleslaw. £10.50
	Cheddar cheese and ham. Cheddar cheese, tuna, sweetcorn, chives, onion & mayo Ham and pickle. Brie and cranberry. Bacon and tomato. Bacon and onion. Bacon and Brie.	
	Club Sandwich. Chicken, bacon, lettuce, tomato and mayonnaise.	£12.00
S	ANDWICHES	
	Served with seeded or white bread, salad garnish and	
	<i>coleslαw.</i> Cheddar cheese and onion. Cheddar cheese and tomato. Egg, cress and mayonnaise. Egg, tomato and mayonnaise. Gammon ham and mustard. Tuna, sweetcorn, chives and mayonnaise.	£9.00
	Chicken and mayonnaise.	
	BLT, bacon, lettuce, tomato and mayonnaise. Cheddar cheese and ham. Home-made Coronation chicken. Chicken and mayonnaise.	£11.00
	Premium Selection	
	Luxury Brie and pear. Fresh salmon and avocado. Smoked salmon and watercress. Prawn and Charlotte's marie-rose sauce. Prawn, avocado and mayonnaise. Chicken, bacon, lettuce, tomato and mayonnaise.	£11.50

£14.00

SALADS/OPEN SANDWICHES

Tuna, sweetcorn, chives and mayonnaise. Blue cheese, apple and chutney. Gammon ham and pickle. Cottage cheese and pineapple. Cheddar cheese and pickle.	£11.0
Home-made Coronation chicken.	0
Poached fresh salmon and avocado. Prawns and Charlotte's marie-rose sauce.	£12.0 £13.0
White crab salad.	0
	£14.0
POTATO TOASTIES Served with salad garnish and home-made coleslaw.	0
Traditional baked potato with delicately spiced tomato sauce and cheddar cheese topped with one of the following: Bacon and mushroom. Ham and tomato. Onions, peppers, mushroom and chilli. Chicken and sweetcorn.	£12.00
JACKET POTATO With butter & salad garnish. Tuna, sweetcorn, chives and mayonnaise. Cottage cheese and pineapple. Cheese and beans.	£11.00
Home-made Coronation chicken.	£11.00
Chicken, apple, celery and mayonnaise. Prawns and Charlotte's marie-rose sauce.	£12.00
HOME-MADE SOUP Served with your choice of bread. Seeded, white or gluten free. Garlic or herb bread £1.40 extra Please refer to the special board for today's selection or a	£8.00 sk your waitress.
EXTRAS Garlic or herb bread. Extra items	£3.50 90p

# CHARLOTTE'S HIGH TEA

Served all day.

Two home-made plain scones with jam and Cornish clotted cream, Chefs selection of cakes and a choice of **one** sandwich. (A surcharge of £1.20 applies to sandwiches from premium selection.)

# CHARLOTTE'S SAVOURY HIGH TEA

#### Served all day.

Two cheese scones with cream cheese and onion chutney, Chefs selection of cakes and a choice of **one** sandwich. (A surcharge of £1.20 applies to sandwiches from premium selection.) **Served with smoked salmon £1.20 Extra.** 

All above served with a tea or coffee of your choice or served with Prosecco 200ml, white or rosé or served with Tarquin's Gin 25ml and Navas Cornish tonic.	£20.0 0 £26.3 0	
CREAM TEA		
<i>Served all day.</i> Two home-made scones (one fruit, one plain) with jam and Cornish clotted cream.	Ū	
Served with a tea or coffee of your choice.	£11.00	

### SAVOURY TEA

#### Served all day. Two home-made cheese scones and watercress with a pot of cream cheese, smoked salmon and chutney. Served with a tea or coffee of your choice. £13.00

Tregothnan tea, Cannabis tea & speciality coffees include an 90p surcharge.

# HOME-MADE CAKES - THIS CHOICE CHANGES DAILY

A range of our sumptuous and exciting home-made cakes is available. This includes a couple of gluten and dairy free options.

Please ask your waitress, see the specials board or view our cake display. £3.00 - £8.00

# CHARLOTTE'S CLASSICS

Quiches, pies, paté and ploughmans. (Please see our specials board or ask your waitress for todays selection.)

<i>Served with salad garnish and home-made coleslaw.</i> Delicious home-made quiche or pie. Served with a jacket potato.	£12.00 £13.00
Charlotte's homemade crab paté with	
salad garnish and toast.	£11.50
Rustic farmhouse paté with toast, salad,	
gherkins and chutney.	£11.50
Blue cheese with walnut on toast,	
pear and mixed salad.	£11.50
Cornish Huntsman. Ham, home-made	
coleslaw, pickled onions, pickle, salad garnish and seeded or white bread.	£11.50
Cornish Ploughmans. Cheddar, luxury Brie and Blue cheese, home-made coleslaw, pickled onions, pickle, salad garnish and seeded or white bread.	£11.50

### OUR DAILY SPECIALS ARE LISTED ON OUR BLACKBOARD OR PLEASE ASK YOUR WAITRESS IF YOU REQUIRE INFORMATION ON ALLERGENS PLEASE ASK A MEMBER OF STAFF PRIOR TO PLACING YOUR ORDER ALL MEALS ARE PREPARED TO ORDER AND AT VERY BUSY TIMES THIS MAY CAUSE A DELAY

# TOASTS & SCONES

Toasted teacake.	£3.30
Two toasted crumpets.	
Two gluten free crumpets.	
Thick Toast and butter, brown or white bread.	£3.30
Cheese scone and butter.	
Gluten free cheese scone.	
One plain or fruit scone with butter.	
One plain gluten free scone with butter.	C2 20
One scone with jam and clotted cream.	£3.30
One gluten free scone with jam and clotted cream.	£4.50
	£1.20
Marmalade, jam or honey.	£1.20
Clotted cream.	£1.20

# DESSERTS

Luxury Ice Creams Made with Cornish clotted cream. Three scoops of vanilla, strawberry or honeycomb caramel Miss Charlotte's Favourite Sundae's Luxury Cornish ice cream topped with sauce and Cornish clotted cream. Vanilla, Strawberry or Honeycomb caramel.	£7.50
Extra single scoop of ice cream, any flavour.	£8.50
	£2.50
COLD SOFT DRINKS	
Orange squash (small). Coca Cola, Diet Coke or Lemonade. Cornish mineral water, still or sparkling. Pure orange juice. Pure apple juice. Cornish ice cream float. Raspberry Crush, Elderflower Bubbly, Scillian Lemonade Pressé or Ginger Beer Navas Cornish tonic/Navas Cornish light tonic. Cornish ice cream milkshake. Strawberry, banana, raspberry or chocolate. Glass of milk (330ml) - Full fat or semi-skimmed. <b>All non-dairy milks - Oat, Soya and Almond 50p Surcharge</b>	£2.50 £3.30 £3.50 £3.50 £5.00 £4.00 £3.00 £4.50 £2.80

## TEA

	<ul> <li>Teapot for one - Served with milk or lemon</li> <li>Charlotte's tea house blend or decaffeinated.</li> <li>Cornish Smugglers - A unique blend of black tea, delight your palate and stir your senses.</li> <li>Designed to be an all day and everyday tea.</li> <li>Cornish Breakfast Tea - A bright and beautiful blend of Assam and high grown Kenyan teas.</li> <li>Serve anytime of day and a great pick me up.</li> </ul>	:	
	Serve anytime of day and a great pick me up.	<u> </u>	£3.25 £3.30
TF	REGOTHNAN -Locally grown Cornish leaf tea A choice of Classic, Earl Grey or Afternoon Tea.		£4.00
SF	PECIALITY TEAS We recommend a brewing time of 3-4 minutes on our sp	ecialit	£3.40 y teas.
	<b>Assam -</b> <i>Mid Season</i> The leaf is large and bold with tip (denoting quality). The is deep and full with a well rounded traditionally malted		
	<b>Earl Grey -</b> <i>Leaf</i> A high grown black tea grown in the Nigri Hills of Souther perfectly complimented by the taste of citrus Bergamot		ia,
	<b>Darjeeling</b> This Indian tea has a fruity aroma with notes of citrus and This tea is sweeter and less bitter than other black teas.	d flow	ers.
	<b>Ja sm i ne</b> Scented with the aroma of jasmine blossoms with a gree	n tea l	base.
	Lapsang Souchong Dried using smoked pine needles and wood to give it's fu Sweet and refreshing with smoky undertones.	ll body	y flavour
	<b>Green Tea</b> Sourced from Hunan province in South Central China, thi Sencha style tea is elegant, flavoursome and revitalising		jeous
HI	ERBAL TEAS		
	Lemon and Ginger, Peppermint, Camomile or Cranberry and Raspberry. Cannabis Tea Leaf Peppermint Cannabis Tea (Bag) Hot water only		£3.40 £4.00 £4.00 £2.00

Non-dairy milks - Oat and Almond 50p Surcharge

<b>COFFEE</b> - Rich, pleasant caramel mouthfeel with a lingering orange citrus
and toasty pecan after taste

anu to	basty pecan after ta	aste.		
Espresso	Single £3.00	Double £3.50	Extra shot £	E1.80
Cappuccino				
A luxurious com	bination of smooth	n espresso and		
velvety frothed milk and a sprinkling of chocolate.				£3.55
Caffe-Latte				
A delicious mixt	ure of espresso an	d steamed milk		CO 50
crowned with a	smooth layer of fro	othed milk.		£3.50
Caffe-Mocha				
A wonderful fusion of espresso, steamed milk and chocolate.			£4.50	
Flat White				
A double espresso with a macro-foam of steamed milk.				£3.30
Americano				
A double espres	so mixed with hot	water served black	or with milk.	£3.30
Iced Coffee				
A double espres	so served with col	d milk on ice.		£4.00
Syrups - A choi	ce of delicious syru	ips which include		
Hazelnut, Caran	nel or Vanilla.	-		90p

### SPECIALITY COFFEE

#### Cafetiere for one with hot or cold milk

Delicious and punchy with a stallion strength finish. This dark roasted coffee uses a blend of beans from Latin America and Asia. It is strong in body with a molasses type sweetness and chocolate toasty finish.

#### Decaffeinated for one with hot or cold milk

Medium roast ground coffee that has been naturally decaffeinated, leaving in all the flavours, whilst removing the jitters. £4.20

### HOT CHOCOLATE

Hot Chocolate All milk.	£3.75
Hot Chocolate Deluxe served with cream and marshmallows.	£4.20
<b>Charlotte's Chocolate</b> A cup of thick, rich and creamy chocolate served with a portion of marshmallows for dipping.	£4.50
Hot Chocolate Aero Mint All milk served with a mint syrup,	£4.50
topped with whipped cream and Aero mint chocolate pieces. <b>Hot Chocolate Terry's Orange</b> All milk served with an orange	£4.50
syrup, topped with whipped cream and a Terry's Chocolate	
Orange segment.	

Non-dairy milks - Oat and Almond 50p Surcharge

### LOTTIE'S LOUNGE

If you require a degree of privacy or for that very special occasion, Lottie's Lounge will cater for 16 -20 guests in a friendly and professional manner with food tailored to your requirements. Details are available from your waitress.

## FOOD ALLERGIES AND INTOLERANCES

If you have any dietary allergies and would like to know the full content of any dishes mentioned before you order your food, please consult a member of staff who will be delighted to help. We cannot guarantee that any of our ingredients have not been in contact with nuts, either at source or during preparation.

## TAKEAWAY MENU AVAILABLE INCLUDING WHOLE CAKES

Gift vouchers are available £10 or £25.

Don't forget to collect your loyalty stamps.

Established 1995.





### SPIRITS

#### Tarquin's Cornish Gin 42% 25ml

Fragrant, handpicked Devon violets and fresh orange zest to deliver an aromatic sensation unlike any other. Only the best and most pure spirit (the heart) make it into Tarquin's Gin, which is diluted to bottling strength at 42% with Cornish spring water.

### SPARKLING WINES AND CHAMPAGNE

<b>Serenello Prosecco</b> 200ml bottle. 11% Abv. Pale, light yellow colour with fine pelage. Delicately fruity, slightly aromatic bouquet. <b>Serenello Prosecco Rosé</b> 200ml bottle. 11% Abv.	£6.30
Light rose colour. Elegant and intense bouquet.	£6.30
<b>Serenello Prosecco</b> 75cl. 11.5% Abv. Bright straw yellow with refined and persistant perlage. <b>Cuperly Champagne Nv.</b> 75cl 14% Abv.	£19.50
Delicious fresh fruit flavour with richness and complexity.	£48.00

£5.00

## WHITE WINES

<b>Healy &amp; Gray Pinot Grigio</b> 18.7cl. 14% Abv. Crisp and refreshing with fruity aromas and flavours of citrus and apple. <b>Healy &amp; Gray Pinot Grigio</b> 75cl. 14% Abv.	£6.30
Crisp and refreshing with fruity aromas and flavours of citrus and apple. <b>Healy &amp; Gray Chardonnay</b> 75cl. 14% Abv.	£19.00
A wine of pale gold colour and a fruity nose with hints of tropical fruit flavours.	£19.00

## **RED WINES**

<b>Healy &amp; Gray Merlot</b> 18.7cl. 14% Abv. A great Merlot which displays ripe damson and plum fruit aromas with a smooth, fruity finish.	£6.30
<b>Healy &amp; Gray Merlot</b> 75cl. 14% Abv. A great Merlot which displays ripe damson and plum fruit aromas with a smooth, fruity finish.	£19.00
<b>Healy &amp; Gray Shiraz</b> 75cl. 14% Abv. Dark brambly fruits and a hint of mixed spice. A light, fruity Shiraz with a mouth-feel that sits somewhere between silk and velvet.	£19.00

### BEERS, LAGERS AND CIDERS

<b>Betty Stoggs</b> 4% Abv. 500ml A classic smooth Cornish amber ale.	£5.80
<b>Porth Pilsner Lager</b> 4.4% Abv. 500ml A Pilsner lager brewed on the wild Cornish coast. Clean, crisp and cold matured.	£6.50
<b>Healeys Cornish Gold Cyder</b> 4.5% Abv. 500ml Crafted in Cornwall, a clear, sparkling cider.	£6.50